

ADAPTED LEISURE ACTIVITIES

Summer 2013 • June • July • August

All Adapted Leisure Activities are limited in size. Please call or visit the center early to reserve your place.

If you cancel less than 48 hours before a program's start you are still responsible for fees.

One on one care (such as personal hygiene) is not provided. Participants are welcome to bring an aid or assistant, who won't charged any program fee.

♦ Really Special Events ♦

Bridge Walk

DATE: Wed, June 12

TIME: 10:30 a.m.-Noon

PLACE: Big 4 Bridge Silver Parking Lot, at 1101 River Road

AGES: 18 and older

FEE: Free

Bring your lunch and have a picnic after a walk on the Big Four bridge!

Fun in the Sun Dance

DATE: Sat, June 15

TIME: 7-9 p.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: \$5

Louisville Bats Baseball

DATE: Tue, June 25

Tue, July 30

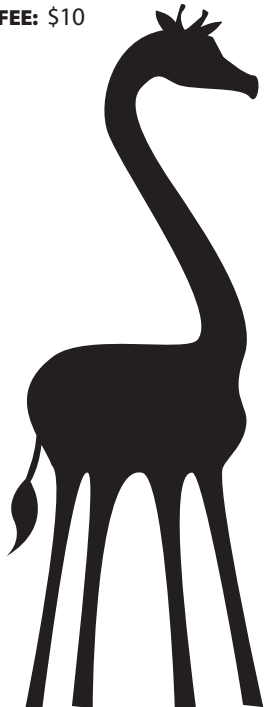
Tue, Aug 27

TIME: 6:30-9:30 p.m.

PLACE: Slugger Field, 401 E. Main St.

AGES: 18 and older

FEE: \$10



Zoo Trip

DATE: Thu, July 11

TIME: 5-7:30 p.m.

PLACE: Louisville Zoo, 1100 Trevilian Way

AGES: 18 and older

FEE: \$7 entry; \$5 parking fee

facebook

Join us online
for updates!

The Mismatch Dance

DATE: Sat, July 20

TIME: 7-9 p.m.

PLACE: Douglass Comm. Center Gym

AGES: 16 and older

FEE: \$5

Wear your funniest mixed and matched outfits!

1950's Dance

DATE: Sat, Aug 17

TIME: 7-9 p.m.

PLACE: Douglass Comm. Center Gym

AGES: 16 and older

FEE: \$5

Come dressed like it's 1956!

♦ Health & Wellness ♦

Healthy Lifestyles Summer Fun

DATE: Mon, June 3, 10, 17, 24,
July 1, 8, 15, 22, 29,
Aug 5, 12, 19, 26

TIME: 1-2:30 p.m.

PLACE: June & July: George Rogers
Clark Park lodge; August:
Douglass Comm. Center

AGES: 18 and older

FEE: Free!

Beginning Wheelchair Basketball

DATE: Mon, June 3, 10, 17, 24,
July 1, 8, 15, 22, 29,
Aug 5, 12, 19, 26

TIME: 6-7:30 p.m.

PLACE: Douglass Comm. Center

AGES: 12 and older

FEE: Free!

Aqua Exercise

DATE: Thu, June 6, 13, 20, 27,
July 11, 18, 25, Aug 1, 8,
15, 22, 29

TIME: 1-2 p.m.

PLACE: Mary T Meagher Aquatic
Center, 201 Reservoir Ave

AGES: 18 and older

FEE: \$22 per session/\$2 wk.



Open Archery Practice Range

DATE: Thu, June 6, 13, 20, 27,
July 11, 18, Aug 1, 8, 15,
22, 29

TIME: 1-2 p.m.

PLACE: Douglass Comm. Center
Gym

AGES: 14 and older

FEE: Free!

For people who have attended at least one archery class; instruction is not provided!

Stroke Support With Frazier Rehab

DATE: Wed, June 19

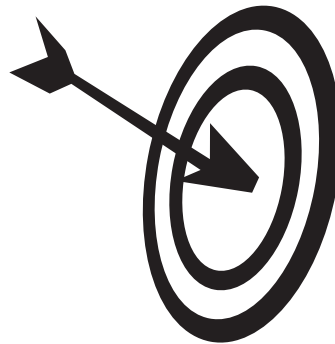
TIME: 12-1:30 p.m.

PLACE: Fern Bowl Lanes,
5518 Bardstown Rd

AGES: 18 and older

FEE: \$5

Bowling and lunch!



Archery II

DATE: Wed, June 26 and Aug 28

TIME: 6:30-7:30 p.m.

PLACE: Douglass Comm. Center

FEE: Free!

Must have completed Archery 101.

Pickle Ball 101

DATE: Sat, July 13, Aug 10

TIME: 10-11:30 a.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: Free!

Powered Wheelchair Soccer

DATE: Sat, July, 13, Aug 13

TIME: 1:30-3 p.m.

PLACE: Douglass Comm. Center

Gym

AGES: 14 and older

FEE: Free!

Stroke Support With Frazier Rehab

DATE: Wed, July 17

TIME: Noon-1:30 p.m.

PLACE: Kingfish Restaurant,
3021 River Rd

AGES: 18 and older

FEE: Cost of lunch

Lunch at Kingfish on the river!

Stroke Support With Frazier

DATE: Wed, Aug 21

TIME: Noon-1:30 p.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: Free!

♦ Just for Fun ♦

Original Fun and Games

DATE: Tue, June 4, 11, 18,
July 2, 9, 16, 23,
Aug 6, 13, 20

TIME: 1:30-2:30 p.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: \$1/week

Call for schedule.

Movie of the Month

DATE: Wednesdays

TIME: 6:30-8:30 p.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: \$2

June 5 *Life of Pi*

July 3 *Iron Man:*

Rise of Technovore

Aug 7 *Wreck-it Ralph*

Girl Talk

TIME: Tue, 6:30-8 p.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: \$3 per class

June 11 Making Flower Pens

July 16 Cupcake Decorating

Aug 20 Pizza Party - fee: \$4

Bowling Fridays

DATE: Fri, June 14, 21, July 5, 12,
19, 26, Aug 2, 9, 16, 23

TIME: 10 a.m.-Noon

PLACE: Fernbowl,
5518 Bardstown Rd

AGES: 18 and older

FEE: \$45/session or \$5 per week



Grab Bag Night

TIME: Wed, 6-8 p.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: \$3

June 19 Parachute Bracelets

July 17 Bingo

Aug 14 Karaoke

Generation X Club

TIME: Fri, 6:30-8:30 p.m.

PLACE: Douglass Comm. Center

AGES: 18-29

FEE: \$3

June 28 Cook-out

July 26 Karaoke

More programs on the back!



LOUISVILLE



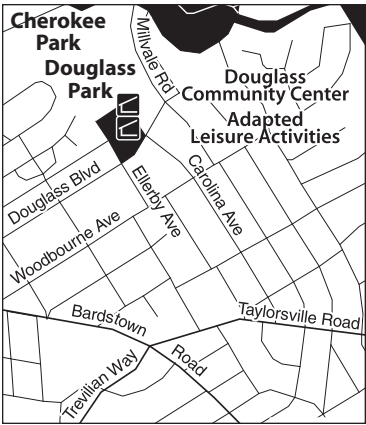
METRO PARKS
AND RECREATION

ADAPTED LEISURE ACTIVITIES

Summer 2013 Calendar

The programs and activities in this calendar are offered through the Metro Parks Adapted Leisure Activities Program. Adapted Leisure Activities offers recreational opportunities for individuals with mental and/or physical disabilities, their friends and families. Adapted Leisure also offers programs specifically designed for youths with and without disabilities. Payment for programs (by check or money order) is requested in advance. Registration is required for all programs. For more information or to preregister, please call 456-8148.

Adapted Leisure Activities
2305 Douglass Blvd #3
Louisville KY 40205
Mon-Fri 8:30 a.m.-5 p.m.
voice • 502/456-8148
TDD • 502/456-8183
fax • 502/456-8143
e-mail
aleisure@louisvilleky.gov



Greg Fischer, Mayor
Louisville Metro Council

METRO PARKS
AND RECREATION



Adapted Leisure Activities
2305 Douglass Boulevard #3
Louisville KY 40205
phone • 502/456-8148
email • aleisure@louisvilleky.gov

♦ Learning & Special Interest ♦

Coffee Talk Book Club

DATE: Tue, June 4, 11, 18,
July 2, 9, 16, 23, 30,
Aug 6, 13, 20, 27

TIME: 1-2:30 p.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: Cost of the book



♦ Arts & Crafts ♦

Paint With Tempera Sticks I

DATE: Tue, June 4

TIME: 10:30-11:30 a.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: \$5

Have fun with this new painting method!

Cool It for Summer

DATE: Tue, June 11

TIME: 10:30-11:30 a.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: \$5

Decorate a fan and can cover to cool your summer.

Fun Beads

DATE: Tue, June 18

TIME: 10:30-11:30 a.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: \$2



Fun Foam Visors

DATE: Tue July 9

TIME: 10:30-11:30 a.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: \$5

Tie Dye Bandanas

DATE: Tue, July 16

TIME: 10:30-11:30 a.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: \$5

Paint With Tempera Sticks II

DATE: Tue, July 23

TIME: 10:30-11:30 a.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: \$5

Have fun with this new painting method!

Paint With Tempera Sticks III

DATE: Tue, Aug 13

TIME: 10:30-11:30 a.m.

PLACE: Douglass Comm. Center

AGES: 18 and older

FEE: \$5

Have fun with this new painting method!